



# Alfriston School



Fair, friendly, fulfilling and fun!

Newsletter - 26th January 2023

## Cross Country

Having qualified, six of our Emerald Class children took part in the South Downs Area School Games Cross Country Finals in Lewes. This event had runners from schools in Eastbourne, Hailsham, Lewes, Ringmer, Seaford, Peacehaven and Newhaven. In very cold conditions, the children ran 2km, and did an absolutely fantastic job, we are so proud of them!

Four out of the six qualified for the next round and will be representing the South Downs Area at the Sussex School Games Finals in Brighton which is scheduled to take place in February.



## Children's Mental Health Week

6th - 12th February is Children's Mental Health Week. The week is run by children's mental health charity Place2Be raise



awareness of the importance of children and young people's mental health. This year's theme is Let's Connect.

Let's Connect is about making meaningful connections, and for Children's Mental Health Week 2023, Place2Be is encouraging people to connect with others in healthy, rewarding and meaningful ways.

As parents and carers, you are an important role model to your child. How you connect with friends and family will influence your child, and how they develop their own friendships and relationships. For example, how you greet people and maintain friendships, but also how you forgive people or say sorry when you need to.

More information can be found at - <https://www.childrensmentalhealthweek.org.uk/families/>

## Visit to Emerald Class

On Friday 13<sup>th</sup> January, Emerald Class had the rare privilege of learning their history from a primary source as they were visited by John Aeberhard. The grandfather of Isla and Aaren, Mr Aeberhard shared his experiences as a child during World War 2. The class were enraptured as he put on a fascinating presentation telling them all about how his family were forced to flee Belgium near the start of the war (including how close they came to not leaving the country together) and then how, once settled in the UK, he had to evacuate from the South East to the North of England. His accounts, which were

accompanied by video footage, pictures and artefacts from the time, brought the history to life and inspired the class to probe deeper with some insightful questions. It was a wonderful opportunity for Emerald Class and they are all so grateful to the Aeberhard family, and particularly Grandpa John, for giving up their time.



## School Meal Price Increase

Due to an increase in food prices, Chartwells, our school meal provider will be increasing the cost of school lunches with effect from **Monday 30th January**.

The meal price will now be **£2.60**.

Chartwells along with East Sussex County Council have worked together to try and mitigate this increase, exploring various options whilst ensuring there is no impact on School Food Standards. Unfortunately there has been no option but to increase the costs, without this the contract becomes untenable.

## Dates for your diary .....

Tue 31st January	Emerald Class Trip to Newhaven Fort
Mon 6th - Fri 10th February	Children's Mental Health Week
Tue 7th February	Safer Internet day
Fri 10th February	FoAS non-uniform day
Fri 10th February	Last day of term
Mon 20th February	Children return to school
Thu 2nd March	World Book Day 'Reading for Pleasure'
Mon 13th - Fri 17th March	Science Week 'Connections'
Thu 23rd March	Class photos
Mon 20th - Thu 23rd March	Bikeability - Year 6
Tue 21st March	Open classroom (after school)
Thu 23rd March	Mid Year Reports & Parent consultations (15:45 to 18:15) Face to Face (including APDR meetings)
Mon 27th March	Year 6 SATs meeting with Mr Sibson (after school)
Tue 28th March	Mid Year Reports & Parent consultations (15:45 to 18:15) Remote (including APDR meetings)
Thu 30th March	Mid Year Reports & Parent consultations (15:45 to 18:15) Face to Face (including APDR meetings)
Thu 30th March	FoAS non-uniform day
Fri 31st March	Easter Service (TBC)
Fri 31st March	Last day of Term
Mon 3rd - Fri 14th April	Spring holiday
Mon 17th April	Children return to school
Tue 25th April	Year 4 Multiplication Tables Check meeting with Mrs Farror (after school)
Mon 1st May	Bank Holiday - School closed
Thu 4th May	KS1 SATs meeting with Mrs Prosser for Year 2 parents (after school)
Mon 8th May	Bank Holiday - School closed
Tue 9th - Fri 12th May	Year 6 SATs
Thu 18th May	Open classroom (after school)
Fri 26th May	FoAS non-uniform day
Fri 26th May	Last day of Term
Mon 29th May - Fri 2nd June	May holiday
Mon 5th June	Children return to school
Thu 8th June	New to reception meeting with Mrs Hudson & Miss Foster (17:00 to 18:00)
Mon 12th June	Open classroom (after school)
Fri 16th June	School Games Day & FoAS Summer Fair
Mon 19th June	INSET Day
Tue 20th June	Reserve School Games Day
Thu 22nd June	Year 2 Overnight Stay
Mon 26th - Fri 30th June	Emerald Class Residential - Hindleap Warren
Mon 10th July	End of year reports out to parents
Mon 10th July	Meeting with teacher for next year's Ruby Class parents (17:00 to 17:30)
Mon 11th July	Meeting with teacher for next year's Sapphire Class parents (17:00 to 17:30)
Mon 12th July	Meeting with teacher for next year's Emerald Class parents (17:00 to 17:30)