

## PSHE Curriculum Cycle

<b>EYFS &amp; Year 1 – Cycle A</b>					
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Building Resilience	Building Resilience	Relationships <i>(includes online safety)</i>	Health Education	Caring Friendships	Wider World Relationships, Sex & Health Education
Careers Education					
<b>EYFS &amp; Year 1 – Cycle B</b>					
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Mental Wellbeing	Mental Wellbeing	Relationships	Health Education <i>(includes online safety)</i>	Caring Friendships	Wider World Relationships, Sex & Health Education
Careers Education					
<b>Year 2</b>					
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Building Resilience	Respectful Relationships <i>(includes online safety)</i>	Mental Wellbeing	Health Education <i>(includes online safety)</i>	Caring Friendships	Wider World Relationships, Sex & Health Education
Careers Education					
<b>Year 3 &amp; 4 – Cycle A</b>					
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Building Resilience	Respectful Relationships <i>(includes online safety)</i>	Mental Wellbeing	Health Education <i>(includes online safety)</i>	Caring Friendships	Wider World Relationships, Sex & Health Education
Careers Education					

## PSHE Curriculum Cycle

### Year 3 & 4 – Cycle B

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Building Resilience	Respectful Relationships <i>(includes online safety)</i>	Mental Wellbeing	Health Education <i>(includes online safety)</i>	Caring Friendships	Wider World Relationships, Sex & Health Education

Careers Education

### Year 5 & 6 – Cycle A

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Building Resilience	Respectful Relationships <i>(includes online safety)</i>	Mental Wellbeing	Health Education <i>(includes online safety)</i>	Caring Friendships	Wider World Relationships, Sex & Health Education

Careers Education

### Year 5 & 6 – Cycle B

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Building Resilience	Respectful Relationships <i>(includes online safety)</i>	Mental Wellbeing	Health Education <i>(includes online safety)</i>	Caring Friendships	Wider World Relationships, Sex & Health Education

Careers Education