

PSHE Curriculum Cycle

EYFS & Year 1 – Cycle A					
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Building Resilience	Building Resilience	Relationships (includes online safety)	Health Education (includes oral health/teeth)	Caring Friendships	Wider World Relationships, Sex & Health Education
Careers Education					
EYFS & Year 1 – Cycle B					
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Mental Wellbeing	Mental Wellbeing	Relationships	Health Education (includes oral health/teeth and online safety)	Caring Friendships	Wider World Relationships, Sex & Health Education
Careers Education					
Year 2					
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Building Resilience	Respectful Relationships (includes online safety)	Mental Wellbeing	Health Education (includes online safety)	Caring Friendships	Wider World Relationships, Sex & Health Education
Careers Education					
Year 3 & 4 – Cycle A					
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Building Resilience	Respectful Relationships (includes online safety)	Mental Wellbeing	Health Education (includes online safety)	Caring Friendships	Wider World Relationships, Sex & Health Education
Careers Education					

PSHE Curriculum Cycle

Year 3 & 4 – Cycle B

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Building Resilience	Respectful Relationships (includes online safety)	Mental Wellbeing	Health Education (includes online safety)	Caring Friendships	Wider World Relationships, Sex & Health Education

Careers Education

Year 5 & 6 – Cycle A

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Building Resilience	Respectful Relationships (includes online safety)	Mental Wellbeing	Health Education (includes online safety)	Caring Friendships	Wider World Relationships, Sex & Health Education

Careers Education

Year 5 & 6 – Cycle B

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Building Resilience	Respectful Relationships (includes online safety)	Mental Wellbeing	Health Education (includes online safety)	Caring Friendships	Wider World Relationships, Sex & Health Education

Careers Education